Your Name

Your Street

Your City, Province

Your Postal Code

Date

Contact Name

Contact Street

Contact City, Province

Contact Postal Code

Dear \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,

Nearly **eight million** (one in five) Canadians, from children to seniors, live with chronic pain. It’s an issue that’s personally important to me because \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Chronic pain is pain that persists for more than three months and is associated with the lowest quality of life among all chronic conditions. In addition to the toll it takes on individuals, it also comes at a huge cost to our society. The total direct (health care) and indirect (lost production) costs of chronic pain in *2019 alone* totalled $38.2 to $40.3 billion, according to Health Canada.

I urge you to support the implementation of the recommendations in [An Action Plan for Pain in Canada](https://tinyurl.com/4xunuj5a), the final report from the Canadian Pain Task Force. The Task Force was established by the Government of Canada in 2019 and its final report and action plan lays out numerous targeted actions necessary to improve outcomes for Canadians with chronic pain and to reduce pain’s impact on families, communities, and society.

People living with pain need your leadership to ensure pain is a public health priority and to move forward the recommendations in this action plan. I’m adding my voice to join countless other people with pain, families, health professionals, researchers, and leading pain organizations across Canada to call on the Government of Canada to #PrioritizePain by implementing [An Action Plan for Pain in Canada](https://tinyurl.com/4xunuj5a). Find out more about who is supporting the plan and why at [www.paincanada.ca](http://www.paincanada.ca).

I hope I can count on your support on this critical issue.

Sincerely,